

Consult your healthcare provider before using aspirin to help prevent another heart attack or clot-related stroke. Use as directed.

# HEART ATTACK discussion guide

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**Use this discussion guide for a more thorough conversation with your doctor about preventing another heart attack. Fill in your additional questions on the bottom.**

- How does aspirin help prevent another heart attack?
- Can I take aspirin with other drugs, including other pain products?
- What is the right dose of aspirin for me?
- Do the daily vitamins I might be taking interfere with aspirin use?
- What is the best exercise plan for me?
- Should I take aspirin with food?
- What is the best nutrition plan for me?

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